



WPA THEMATIC CONGRESS 2022

PUBLIC MENTAL HEALTH
AND ASSOCIATED OPPORTUNITIES

Scientific Program

11th-13th March, 2022
Lahore, Pakistan



Sr. #	Date	Time	Title of Workshop	Facilitators	Venue
1.	16th March, 2022 Wednesday	9:30am-11:00am	Emergency Psychiatry in the forensic setting: The Experience of Punjab Institute of Mental Health	Prof. Dr. Ali Madeeh Hashmi, Prof. Dr. Altaf Qadir & Ms. Sayeda Fatima Hasnain	Punjab Institute of Mental Health Lahore
2.	4 th March, 2022 Friday	9:30am -12:00pm	Professionalism & Ethics in Clinical Practice	Prof Nazish Imran, Prof Imran Ijaz Haider & Dr Irum Aamer	Centre for Clinical Psychology Punjab University, Lahore
3.	8 th March, 2022 Tuesday	9:30am -12:00pm	Workshop on ECT - Role in Psychiatry	Dr. Sumira Qambar Bokhari	Khalida Rashed Institute of Mental Health, Guleb Devi Hospital, Lahore
4.	9 th March, 2022 Wednesday	9:30am -12:00pm	Positive Parenting and Mental Health of Children	Mrs Najma Badar, Ms Aisha Bibi Ms Noorma Nisar	<i>Department of Psychiatry, King Edward Medical University, Lahore</i>
5.	8 th March, 2022 Tuesday	9:30am -12:00pm	Challenges to optimal use of social media in Professional psychological practice	Prof Nazish Imran, Prof Imran Ijaz Haider & Dr Irum Aamer	Institute of Applied Psychology Punjab University, Lahore
6.	8 th March, 2022 Tuesday	9:30am -12:00pm	Assessment and Treatment of Trauma	Ms. Farah Tiwana	Department of Psychiatry, Lahore General Hospital, Lahore
7.	9 th March, 2022 Wednesday	9:30am -12:00pm	Mastering Presentation Skills	Dr Amina Ahmad	Department of Psychiatry, Services Hospital, Lahore

8.	9 th March, 2022 Wednesday	9:30am -12:00pm	Emotions Regulations in Clinical Practice.	Dr. Iram Zehra Bokharey	Department of Psychiatry, Fatima Jinnah Medical College, Hospital, Lahore
9.	9 th March, 2022 Wednesday	9:30am -12:00pm	Dialectical Behaviour Therapy: As an Emotional Focus Model	Dr. Mirrat Gul Butt	Department of Psychiatry, Jinnah Hospital, Lahore
10.	12 th March, 2022 Saturday y	9:00am -10:00am	Breaking Screen Addiction in kids and teenagers – Practical tips for parents, teachers and Doctors	Dr Muhamad Zeeshan	Session Talk at Nishat Hotel,
11.	10 th March, 2022 Thursday	1:00pm -5:00pm	The Role of Early Career Psychiatrist in global Psychiatric Genetic Research	Dr Thomas G Schulze, Prof Saeed Farooq	Fountain House, Lahore
12.	10 th March, 2022 Thursday	9:30am -12:00pm	Faiz, love and Hazards of Love	Prof Dr Nadeem A Bajawa	Department of Psychology, GCU, Lahore
13.	10 th March, 2022 Thursday	9:30am -12:00pm	Women’s Mental Health in the Pakistani Community	Dr. Irum Siddique, Ms. Samreen Afzal	Department of Psychaitry Services Hospital, Lahore
14.	10 th March, 2022 Thursday	9:30am -12:00pm	The ABC’s of Culturally Informed Trauma Care	Dr. Nargis Asad, Dr. Tania Nadeem, Dr. Rabeeka Aftab	Institute of Psychology. Beaconhouse National University, Lahore
15.	10 th March, 2022 Thursday	9:30am -12:00pm	Neurodevelopmental Disorder in Adults - Assessment and treatment	Prof Dr Muhammad Ayub	Department of Psychiatry King Edward Medical University, Lahore

16.	12 th March, 2022 Saturday	11:30am -12:30pm	Suicidal behaviours: Role of academic medical centres.	Dr. Murad Khan, Dr. Nargis Asad, Dr.Tania Nadeem, Aisha Noor, Yusuf Muhammad	Nishat Hotel, Lahore
17.	12 th March, 2022 Saturday	9:00am - 11:00am	Challenges of a young psychiatrist in practice: Training after training	Prof Brig ® Mowadat Husaain Rana, Dr. Raja Adnan Ahmad, Dr. Usama Bin Zubair	Nishat Hotel, Lahore
18.	12 th March, 2022 Saturday	11:30am-12:30 pm	Creating a centre for Global Health Research and Development in LMIC- Why and How?	Prof.Dr. Asad Tamizuddin Nizami, Dr Amna Khan & Dr Faiza Aslam	Nishat Hotel, Lahore
19.	17th March 2022 Thursday	9:30am-11:00am	What works for distressed children and teens	Dr. Rabeeka Aftab, Samiya Iqbal and Ms. Maria Moochala	Online

Friday 11th March 2022

Time	Grand Ballroom B (Main Hall)	Grand Ballroom A	Imperial Ballroom A	Imperial Ballroom B
9.00am-10.00am	Free Papers Session-1	State of the Art symposium-1 (Depression)	Free Papers Session-2	Free Papers Session-3
	Chair: Prof Dr Aftab Asif & Prof Dr M Ayub	Chair: Prof Dr Anjum Bashir	Chair: Dr Ayesha Rasheed & Dr Saqib Bajwa	Chair: Dr. Sumira Q Bokhari
	Co-Chair: Dr Farhat Nadeem	Chair: Dr. Ihsan-ul-Chishti	Co-Chair: Dr Amna Butt	Co-Chair: Dr Ashar Waheed
	Moderator: Dr Saima Batool	Moderator: Dr Zainab Mohsin	Moderator: Dr. Tooba Waseem	Moderator: Dr Rizwan Farooq
	<p>Hayeqa Syed <i>(Prevalence of Cognitive Distortions and Low Self Esteem in Childhood Sexual Abuse survivors)</i></p> <p>Muhammad Ali <i>(Work Family Conflict and Mental Health in News Reporters)</i></p> <p>Dr Saima Batool <i>(Health related behaviors & social media usage in young adults; mediating role of coping strategies during covid-19 smart lock down)</i></p> <p>Dr. Sabahat Hameed <i>(Inexpressive Brain & Expressive Guts Alexithymia in Patients Suffering from IBS: A Case Control Study in Tertiary Care Hospital)</i></p> <p>Dr. Zoobia Ramzan and Yamna Waseem <i>(Prevalence of Nail biting in children and its association with mental health in Karachi, Pakistan)</i></p>	<p>Dr Ali Mufti <i>(Impact of vortioxetine on Cognitive dysfunction in depression among different population groups of Pakistan - A comparison)</i></p> <p>Dr Syeda Shaida Batool <i>(Risk factors of Depression among infertile women in Pakistan"</i></p> <p>Ms Farah Tiwana <i>(Trauma: Beyond DSM)</i></p>	<p>Dr Faisal Akram, MD, Canada <i>(Factors associated with seclusion and restraint events at a public psychiatric hospital)</i></p> <p>Dr Nazia Nazir <i>(Perceived Social Support and Psychological Wellbeing among Epileptic Patients)</i></p> <p>Kanza Khalid <i>(Adult Attachment Styles, Cognitive Emotion Regulation and Marital Adjustment among Depressed Patients)</i></p> <p>Ms Farwa Razaq, Ms. Shamaila Ijaz <i>(A Case Study of Dyslexia)</i></p> <p>Ms Aleeza Ashfaq, Syeda Ayesha Noor, Dr Ayesha Sarfaraz <i>(Stigma, Social Comparison and Psychological Distress in Type 2 Diabetic Patients)</i></p> <p>Dr. Rijah Chhapra, Ms. Shahina Pirani, Dr. Nargis Asad, Dr. Murad Khan <i>(Analysis of Self-Poisoning cases admitted to the National Poisoning Control Center (NPCC) in 2019 in Karachi, Pakistan)</i></p>	<p>Nazish Idrees Chaudhary <i>(Neuro-Linguistic Programming and Hypnosis (NLP) for Psychological Flexibility, Interpersonal Difficulties, and Stress in University Students)</i></p> <p>Bariah Rafiq,Nazish Imran, Sadiq Naveed Maryam Ayub,Sania Mumtaz Tahir, Imran Ijaz Haider <i>(Pattern of Adolescent Suicides in Pakistan:A content analysis of Newspaper reports of 2 years)</i></p> <p>Aziza Riaz, Rafia Rafique <i>(Perceptions and Challenges of Medical Students regarding E-learning in times of Pandemic)</i></p> <p>Muhammad Asad Butt & Hira Jahangier <i>(Social Media Addiction, Self-Disclosure and Subjective Well-Being among Young Adults)</i></p> <p>Dr. Osheen Fatima, Imran Ijaz Haider <i>(The Future of shared decision making in healthcare)</i></p>

Time	Grand Ballroom B (Main Hall)	Grand Ballroom A	Imperial Ballroom A	Imperial Ballroom B
10.00am- 11.00am	Keynote lecture-1	State of the Art symposium-2 (Schizophrenia)	State of the Art symposium-3 (Child Psychiatry)	State of the Art symposium-4 (Community Mental Health & Primary Care)
	Moderator: Dr Irum Aameer	Chair: Prof Saeed Farooq & Prof Wajid Ali Akhundzada	Chair: Prof Dr Ayesha Minhas & Prof. Dr. Muhammad Waqar Azeem	Chair: Dr Altaf Qadir & Prof Muhammad Sultan
				Co- Chair: Dr Usman Hotiana
		Moderator: Dr Fatima Bukhari	Moderator: Dr Imran Sharif	Moderator: Dr Huma Aslam
	<p>Professor Naim Siddqui <i>(Will teaching "Good Touch Bad Touch Be sufficient)</i></p> <p>Dr. Muhammad Zeeshan <i>(Building Baby Brains: Infant Mental Health Training for Community Health Workers)</i></p>	<p>Prof Wajid Ali Akhundzada <i>The Neurological Pathology of Schizophrenia)</i></p> <p>Dr Mukthar-ul-Haq Azmi <i>(First Episode Psychosis- Early recognition and Management)</i></p> <p>Prof Dr Saima Dawood <i>(Applications of CBT in the Treatment of Schizophrenia)</i></p> <p>Col Shahab Khan <i>(Beyond Dones and Pines: the lost model of BPS Model)</i></p>	<p>Prof Dr Ayesha Minhas <i>(Parenting Matters - Fostering child Development)</i></p> <p>Dr Shehryar Jovindah <i>(Mental health consequences of abused children)</i></p> <p>Dr Ayesha Mian <i>(Child & Adolescent Mental Health in Pakistan: View through the pandemic)</i></p> <p>Prof Dr Anjum Bahsir (topic awaited)</p>	<p>Prof Muhammd Sultan <i>(Integration of Mental Health in Primary Health Care: challenges and Opportunities)</i></p> <p>Prof Dr Altaf Qadir <i>(Addiction Centre in Punjab)</i></p> <p>Dr Sadia Dildar <i>(Trauma Management in Adolescents: Latest trends)</i></p>

Tea (Grand Ball Room C)
11:00am -11:30pm

Time	Grand Ballroom B (Main Hall)	Grand Ballroom A	Imperial Ballroom A	Imperial Ballroom B
11:30am-12:30pm	Keynote lecture-2	State of the Art symposium-5 (Old age Psychiatry)	Free Papers Session-4	Panel Discussion -1
	Moderator: Dr Mariam Iftikhar	Chair: Prof Ruhi Khalid, Prof Imitaz Dogar	Chair: Prof Dr. Col (R) Ali Zulqarnain & Prof Dr Ali Hashmi	Moderator: Dr Nazish Imran
			Co-Chair: Dr. Sabahat Hameed	
		Moderator: Dr Richard Howell	Moderator: Dr Maryam Ayub	
	<p>Prof. Dr.Muhammad Waqar Azeem <i>(Journey of Establishing Child, Adolescent and Perinatal Psychiatric Services in Qatar)</i></p> <p>Prof Dr Iqbal Afridi <i>(COVID-19 Pandemic & Public mental health in global context)</i></p>	<p>Brig Dr Sohail Ali <i>(Senile Population of Pakistan-- Psychosocial Analysis & Challenges)</i></p> <p>Dr Noman Khan Wazir <i>(Mild Cognitive impairment in Old Age)</i></p> <p>Dr Shameem Fatima <i>(Cognitive Reserve and Brain Maintenance: Neuropsychology of Ageing)</i></p>	<p>Naz Batool <i>(Child Rearing Practices and Roll of Communication among Juvenile Delinquents and Non-Delinquents)</i></p> <p>Noor Zohra, Imran Ijaz Haider <i>(Psychoeducation & burden of caregivers dealing with psychiatric patients)</i></p> <p>Hafsa Hayee, Dr Tahira Raana, Dr Imran Ijaz Haider, Mirza Rizwan Sajid <i>(Association between Predictors of Borderline Personality Disorder and Quality of Life of undergraduate students of Lahore, Pakistan)</i></p> <p>Ammara Butt, Azmat Ahad Beig, Farast Ali Dogar, Junaid Ul Islam, Syed Kumail Abdi <i>(Frequency of anxiety and Depression in trance disorder)</i></p> <p>Ahmed Waqas, Atif Rahman <i>(Clinical prediction modelling for predicting remission for perinatal depression: Potential of personalised psychotherapeutic approaches in Pakistan)</i></p>	<p>Panel Discussion 3 – School Mental Health</p> <p>Professor Khalida Tareen, Prof Atif Rahman Dr Ayehsa Mian, Dr. Samia Latif Dr Sheheryar Jovindah, Prof. Imtiaz Dogar Mrs Anjum Ahmad (Learning Alliance Schools)</p> <p>Syed Waqas Anjum Jaffri (CEO Dare Arqam Schools, Pakistan)</p>

12:30pm-2:00pm
Lunch (Grand Ball Room C) & Friday Prayers Break.

2:00pm-3:00pm
Grand Ball Hall - B
Plenary Lecture

Chair: Co-Chair: Iqbal Afridi
Co-Chair: Prof. Nasar Sayeed Khan

Dean Dr Javaid I Sheikh
(Artificial Intelligence for Precision Health)

Dr Thomas Schutz
(Three decades of psychiatric genetics: Lessons learned, hopes held high)

Time	Grand Ballroom B (Main Hall)	Grand Ballroom A	Imperial Ballroom A	Imperial Ballroom B
3:00pm-4:00pm	Keynote lecture-3	State of the Art symposium-6 (Psychotherapies)	Free Paper session-5	State of the Art symposium-7 Symposium on Updates on Depression
	Moderator: Dr Junaid Rasool	Chair: Prof Dr Unaiza Niaz	Chair: Prof Rubina Aslam & Dr. Saima Latif	Chair: Prof Khalid Mufti & Prof Dr Iqbal Afridi
		Co-Chair: Dr Ismail Tariq		
		Moderator: Dr Wajahat Rashid	Moderator: Dr Aamir Shahzad	Moderator: Dr Ali Mufti
	<p>Prof Dr Unaiza Niaz <i>(Pandemic Revisited: Unexplained Human Strengths in coping with CoVid 19)</i></p> <p>Prof Nasar Sayeed <i>(Are Cannabinoids treatment for physical and psychiatric disorders)</i></p>	<p>Dr Irum Bokhari <i>(Psychotherapy with Functional Neurologic Symptom Disorder)</i></p> <p>Dr. Ammara Amir <i>(Role of Psychotherapies in Adult Patients - Experience)</i></p> <p>Dr Mirrat Gul <i>(CBT: A Resilience factor for Physical and Mental Health)</i></p>	<p>Dr Saima Afaq <i>(Barriers and facilitators to the integration of Depression care in Tuberculosis Services in Khyber Pakhtunkhwa Pakistan – IMPACT CCD study)</i></p> <p>Dr Roop Kiran, Hafsa Amin, Mahnoor Wazeer Amna Rashid, Nazish Imran <i>(Help Seeking Attitudes for Stress among Undergraduate Medical Students)</i></p> <p>Saleha Azeem, Bakhtawar Khalid, Osheen Fatima, Zubia Afazal <i>(Perceptions and Attitudes of Medical students towards leadership training)</i></p> <p>Fatima Aziz Chaudhry <i>(Transcranial Magnetic Stimulation (TMS) in Treatment of Bipolar Depression: A Review)</i></p> <p>Hafsa Meraj, Ahmed Waqas, Ahmreen Kokab, Tarun Dua, Neerja Chowdhary, Batool Fatima, Atif Rahman <i>(Screening Programs for Common Maternal Mental Health Disorders Among Perinatal Women: Report of the Systematic Review of Evidence)</i></p>	<p>Prof Fareed Minhas <i>(Complexities of managing MDD: How to address common Challenges in Clinical Practice)</i></p> <p>Prof Ajmal Kazmi <i>(Psychosocial Rehabilitation)</i></p>

4:00-5:00pm
Grand Ball Hall-B

Panel Discussion- 2
Public Mental Health

Prof. Afzal Javed, Dr. Javaid I. Sheikh, Prof. Dinesh Bhugra, Prof. Najma Najam, Dr Samia Latif, Prof. Saira Afzal, Prof. Iqbal Afridi,
Prof. Muhammad Waqar Azeem, Prof. Dr. Ghulam Rasool, Prof. Dr. Imran Ijaz Haider

7:00pm - 10:00pm

Inaugural Dinner at Fountain House

Moderator: Dr Khaula Fatima

Saturday 12th March 2022

Time	Grand Ball Room B (Main Hall)	Grand Ball Room A	Imperial Ball-Room A	Imperial Ballroom B
9.00am-10.00am	State of the Art symposium-8 (Women Mental Health)	State of Art symposium-9 (Adversities of Early life) or Mental Health of Young Adults	Workshop	State of the Art symposium-10 (Clinical & Speech Rehabilitation: Evidence based Practice)
	Chair: Dr. Sumira Qambar Bokhari & Prof. Dr. Unaiza Niaz	Chair: Prof Aziz ur Rehman Yousufzai & Prof. Muhammad Waqar Azeem	Prof Mowadat Rana <i>(Challenges of a young psychiatrist in practice: Training after training)</i>	Chair: Prof Dr Saima Dawood
		Co-chair: Dr Abdul Rasheed		
	Moderator: Dr Khaula Fatima	Moderator: Dr Bariah Rafiq		Moderator: Aimen Baloch
	Dr Sumira Qambar <i>(Sociodemographic factors and traumatic experiences in attempted suicide in Lahore)</i>	Dr Salma Hassan <i>(Career Choices and Mental Health)</i>		Prof Dr Saima Dawood
Prof Shahin Haye <i>(Movie: Main Aur Tum)</i>	Dr Tania Nadeem <i>(Perinatal stress: Effects on the developing brain and mind)</i>	Dr Nazia Bashir		
Prof Rafia Rafiq <i>(Women in time of Pandemic)</i>	Dr Muhammad Zeeshan <i>(Breaking Screen Addiction in kids and teenagers – Practical tips for parents, teachers and Doctors)</i>	Dr Nayab Iftikhar		

Time	Grand Ball Room B (Main Hall)	Grand Ball Room A	Imperial Ball-Room A	Imperial Ball Room B
10.00am- 11.00am	Keynote lecture-4	State of the Art symposium-11 (Advances in Pharmacotherapy)	Continue.... Prof Mowadat Rana Dr Usman Bin Zubair, Dr Raja Adnan Dr Sawera Mansoor <i>(Challenges of a young psychiatrist in practice: Training after training)</i>	State of the Art symposium-12 (Humanities and Mental Health)
	Moderator: Dr Irum Aamer	Chair: Brig Dr. Shoaib Ahmad		Chair: Prof. Dr Aftab Asif & Prof Nusrat Habib Rana
		Moderator: Dr Roop Kiran		Moderator: Dr Noman Amjad
	Professor Atif Rahman <i>(Public Mental Health in Pakistan: Opportunities and Challenges)</i>	Brig Dr. Shoaib Ahmad <i>(Advances in Psychopharmacology: Sharing personal Experience)</i>		Prof Naeem-ullah Leghari <i>(Positive Psychiatry: Its association with Transpersonal Psychiatry and Mysticism / Sufism in Indus Valley Civilization)</i>
Prof Dr Farooq Naeem <i>(Development, dissemination and implementation of culturally adapted Cognitive Behaviour Therapy in Pakistan)</i>	Prof Dr Burhan Mustafa <i>(Role Of Vortioxetine in Major Depressive Disorder)</i>	Prof Ali Madeeh Hashmi <i>(Reclaiming our humanity: Psychiatry in the 21st century)</i>		
	Prof Dr Muhammad Mujtaba <i>(Antipsychotics: A term used inappropriately)</i>			

Tea (Grand Ball Room C)
11:00am -11:30pm

Time	Grand Ball Room B (Main Hall)	Grand Ball Room A	Imperial Ball-Room A	Imperial Ball Room B
11:30am-12:30pm	Keynote lecture-5	<p>Prof Dr. Asad Tamizuddin Nizami Dr Amna Khan and Dr Faiza Aslam</p> <p><i>Creating a centre for Global Health Research and Development in LMIC- Why and How?</i></p>	<p>Suicidal behaviours: Role of academic medical centres.</p> <p><i>Dr. Murad Moosa Khan, Dr. Nargis Asad, Dr.Tania Nadeem, Aisha Noor, Yusuf Muhammad)</i></p> <p><i>(Agha Khan University Team</i></p>	<p>State of the Art symposium 13 (Treatment Approaches of Co-morbidities in Psychiatry)</p>
	<p>Moderator: Dr Nabeel Ibad</p>			<p>Chair: Dr. Mian Farrukh Hussain, Prof Niaz Maqsood & Dr Faiza Athar</p>
	<p>Prof Khalid Mufti <i>(Spirituality & Psychiatry)</i></p> <p>Professor Fareed Minhas <i>(Leadership in mental health)</i></p>			<p>Moderator: Dr Ayesha Butt</p>
				<p>Prof Dr. Col (R) Ali Zulqarnain (Role of Ketamine / Esketsmine on TRD)</p> <p>Dr Nadeem Ahmad Bajwa (Fostering Personal Recovery in Chronic Psychiatric Ailments)</p> <p>Dr Fauzia Naz (Integrated Approaches to deal With comorbid Disorders in Psychiatry)</p>

Lunch Break (Grand Ball Room C)

12:30pm-1:30pm

1:30pm-2:30pm

Grand Ball Hall-B

Plenary Lecture

Chair: Prof. Dr. Aftab Asif

Co-Chair: Prof. Dr. Nazish Imran

Professor Dinesh Bhugra

(Geo-political Determinants of Mental Health)

Dr. Adrian James

Time	Grand BallRoom B (Main Hall)	Grand BallRoom A	Imperial Ball-Room A	Imperial Ballroom B
2.30pm-3:30pm	Keynote lecture-6	State of the Art symposium 14 (Medical Education and Psychiatry)	State of the Art symposium-15 (Transcultural Psychiatry)	Free Papers Session-6
	Moderator: Dr Junaid Rasool	Chair: Dr Amina Ahmad & Prof Asad Tamizuddin	Chair: Dr Majid Ali Abidi & Prof Dr Aftab Alam	Chair: Prof Wajid Ali Akhundzada & Prof Dr Moin Ansari
				Co-Chair: Dr. Sabahat Hameed & Dr. Afsheen Gull
		Moderator: Dr. Saba Zahid	Moderator: Dr Maahin Rizwan	Moderator: Dr Sania Tahir
	<p>Professor Mowadat Rana <i>((Public Mental Health: The Wandering Soul of Psychiatry))</i></p> <p>Professor Naim Siddqui <i>(Homosexuality is no longer an Illness. Will Paedophilia be?)</i></p>	<p>Dr Amina Ahmad <i>(How to develop Humanistic Doctors)</i></p> <p>Dr Nargis Asad <i>(Mental Health Education in medical curriculum)</i></p> <p>Prof Muhammad Irfan <i>(Reducing Stigma towards mental illnesses using medical education as a tool)</i></p>	<p>Dr Majid Ali Abidi <i>(Jin Bhoot and Psychiatry)</i></p> <p>Dr Amina Muazzam, <i>(Mediating Role of Shyness between Childhood Abuse and Social Anxiety in University Students: Narrative from Pakistan)</i></p> <p>Dr Imran Khan <i>(The journey of Philosophy and social sciences and their contributions to Psychology and Psychiatry)</i></p> <p>Dr Uroosa Faheem <i>(A transdisciplinary approach to mental health)</i></p>	<p>Khunsa Junaid, Prof Dr Saira Afzal <i>(Substance abuse and mental health issues among HIV/AIDS patients: A meta-analysis)</i></p> <p>Dr Saima Majeed <i>(Efficacy of CBT with the Patients of Major Depressive Disorder Conducted Online Vs in Person)</i></p> <p>Sania Mumtaz Tahir, -Sadiq Naveed, Nazish Imran, Bariah Rafiq, Maryam Ayub, Imran Ijaz Haider, Murad Musa <i>(Pattern of Suicide in Pakistan: A Reflection from News Reports)</i></p> <p>Ms Farqaleet <i>(Psychosocial Reactions of Forced Marriage in Women: A Qualitative Study)</i></p> <p>Dr Amna Butt, Prof. Ruhi Khalid <i>(Social Information Processing in Children with Conduct Problems)</i></p> <p>Dr. Afsheen Masood <i>(Media portrayal of child abuse and parental distress in young children parents)</i></p>

Tea Break (Grand Ball Room C)

3:00pm - 4:00pm

4:00pm -5:00pm

Grand Ball Hall - B

Panel Discussion: Media and Mental Health

Moderator: Dr. Ali Mufti

Panellists:

Prof Afzal Javaid, Prof. I. A. K. Tareen, Prof Khalid Mufti, Prof Dinesh Bhugra, Dr. Javaid I. Sheikh,
Prof. Dr. Ghulam Rasool, Prof. Imtiaz Dogar, Prof. Dr. Imran Ijaz Haider

Gala Dinner at Nishat Hotel (Grand Ball Room C)

Moderator : Dr Irum Aamer Address by: Prof Afzal Javed (President WPA)

7:00pm -10:00pm

Sunday 13th March 2022

Time	Grand Ball Room B (Main Hall)	Grand Ball Room A	Imperial BallRoom A	Imperial Ballroom B
9.00am-10.00am	State of the Art symposium-16 (Medicine and Psychiatry Interface)	Free Papers Session-7	Free Papers Session-8	Free Papers Session-9
	Chair: Prof Dr M. Sultan & Prof Dr Aftab Asif	Chair: Prof Ajmal Kazmi & Brig Sohail Ali	Chair: Prof Imtiaz Dogar & Prof Dr Burhan Mustafa	Chair: Prof Naeem-ullah Leghari & Prof Dr M. Mujtaba
		Co-Chair: Dr Mukthar-ul-Haq Azmi & Dr Mohsina Najeeb	Co-Chair: Dr Ali Mufti & Dr Tanveer Nasr	Co-Chair: Dr Urooj Burhan & Mrs Rubina Mehmood
	Moderator: Dr Rizwan Mushtaq Bhutta	Moderator: Ms Anum Gull	Moderator: Miss Nayab Arshad	Moderator: Dr Mohsan Zafar
	<p><i>Prof Dr Abdul Shakoor (BWP) (Sexual dysfunction in Adult Psychiatric Patients)</i></p> <p><i>Prof Dr Rubina Aslam (Cultural Variations in presenting symptoms of depression)</i></p> <p><i>Dr. Ayesha Rasheed (Sexual and Reproductive Health and mental health interface)</i></p>	<p>Hira Jehhangir <i>(Urdu Translation and Validation of Couple's Burnout Scale)</i></p> <p>Maria Muhammad Tahir Mufti <i>(Working Experiences of Female Clinical Psychologists with Male Clients)</i></p> <p>Armish Ahmad <i>(Relational Turbulence Scale for Married Couples: A Developmental and Validation study)</i></p> <p>Dr. Naumana Amjad and Samreen Masud <i>(Presenting Complaints in Student Population and Underlying Dynamics: Learning from Nur Centre for Wellbeing)</i></p> <p>Hafsa Joti <i>(Psychological Distress, Coping Styles and Emotional wellbeing among Care givers of Patients with Schizophrenia)</i></p> <p>Dr Maahin Rizwan <i>(Efficacy of Risperidone for the treatment of patients presenting with First Episode of Schizophrenia after Unsuccessful treatment with Olanzapine)</i></p>	<p>Ms. Zohra Khalid <i>(Functional Neurological Disorder)</i></p> <p>Dr Marium Mansoor <i>(Psychological sequelae of covid-19 on health care workers at a tertiary care Hospital)</i></p> <p>Dr Nabeel Ibad <i>(Challenges faced by Psychiatric Patients for the congress)</i></p> <p>Dr. Nighat Jahan Nadeem, Dr. Muhammad Shoiab Sulaiman <i>(Child Psychiatry: A Paediatric Perspective of Psychosocio-cultural Issues in Pakistan)</i></p> <p>Dr Junaid Rasool <i>(Health Professionals)</i></p> <p>Zara Haroon <i>(Hardiness, Coping Strategies and Professional Quality of life among practising Clinical Psychologists)</i></p>	<p>Rabia Khawar <i>(Affective and Behavioural Issues among Adolescents of Parents with Mental Disorders)</i></p> <p>Dr Ayesha Butt <i>(Adherence to treatment of diabetes in patients suffering from co-morbid depression)</i></p> <p>Minahil Siddiqui, Syeda Ayesha Noor, Dr Ayesha Sarfaraz, Dr Shazia Hassan <i>(Fear of Covid-19, Religiosity, Paranormal Beliefs and Sleep Disturbances among OCD patients.)</i></p> <p>Khushbakht Nasir <i>(Parapsychological Experiences among Pakistani Cohort)</i></p> <p>Sayed Mehdi Hussain <i>(The role of Psychologist at Primary Health Care)</i></p>

Time	Grand Ball Room B (Main Hall)	Grand Ball Room A	Imperial Ball Room A	Imperial Ball Room B
10.00am-11.00am	Keynote lecture-7	State of the Art symposium 17 (Novel Approaches in Psychiatry)	Free Paper Session 10	State of the Art symposium-18 (Transcultural Psychiatry-11)
	Moderator: Dr Fatima Bukhari	Chair: Prof Dr Aftab Asif & Prof Asad Tamzuudin Nizami	Chair: Dr Majid Ali Abidi & Prof Dr Moin Ansari	Chair: Prof Ghulam Rasool & Prof Zahid Mehmood
		Co-chair: Dr. Ihsan-ul-Haq Chishti	Co-Chair: Dr Urooj Khawar & Dr. Saqib Bajwa	
		Moderator: Dr Aimen Nawal	Moderator: Dr Noman Mazhar	Moderator: Dr Qasim Qadeer
	<p>Prof Dr Raza-ur-Rehman <i>(Preliminary data of National Psychiatric Morbidity Survey in Pakistan)</i></p> <p>Prof Imtiaz Dogar <i>(Current Status of Pakistan Psychiatry Services & Challenges)</i></p>	<p>Prof Aftab Asif <i>(rTms- Role in Depression)</i></p> <p>Prof Dr Aftab Alam <i>(Use of EEG in Psychiatric disorders)</i></p> <p>Prof Wahab Yousafzai <i>(Patient Satisfaction with telepsychiatry Consultation in the time of COVID-19)</i></p>	<p>Dr Mariam Iftikar <i>(Social factors associated with child mental health problems)</i></p> <p>Dr Maryam Ayub <i>(Pattern of homicide-suicides in Pakistan: A content analysis of Newspaper reports of 2 years)</i></p> <p>Aqsa Nasrullah <i>(Experiences and Challenges Face by Social Media Influencers In Pakistan: A Socio-Cultural Perspective)</i></p> <p>Dr. Nargis Asad <i>(Mental health and resilience building during COVID-19)</i></p> <p>Dr Hina Sultan and Subha Malik <i>(Development of Adler Birth Order Scale)</i></p> <p>Dr. Saqib Bajwa <i>(Ethical relationship with pharmaceutical industry)</i></p>	<p>Prof Zahid Mehmood <i>Clinical Psychology across Cultures: Similarities and Differences</i></p> <p>Prof S Jamil Hussain <i>(Cultural Psychiatry in Sindh Patients)</i></p> <p>Dr Jamil Junejo <i>(Psychological Autopsy of suicide cases reported in District Tharparker)</i></p>
Tea (Grand Ball Room C) 11:00-11:30am				

Time	Grand Ball Room B (Main Hall)	Grand Ball Room A	Imperial Ball Room A	Imperial Ball Room B
11.30AM 12:30PM	Keynote lecture- 8	State of the Art symposium 19 (Cultural Psychiatry)	Free Papers Session-11	Free Papers Session-12
	Moderator: Aman Kareem	Chair: Dr. Mian Farrukh Hussain, Dr Hazart Ali Khan & Prof Dr Raza-ur-Rehman	Chair: Brig Dr. Shoaib Ahmad & Prof Wahab Yousafzai	Chair: Prof Dr Altaf Qadir & Prof Bashir Ahmad
			Co-Chair: Dr. Ammara Amir, Dr Rabia Khawar	Co-Chair: Dr Khawar Bilal, Dr. Afsheen Gul
		Moderator: Dr Imran Sharif	Moderator: Farah Tiwana	Moderator: Dr Aimen Nawal
	<p>Prof Dr Saeed Farooq <i>(Development of a clinical tool for predicting Treatment resistance Schizophrenia in First Episode Psychosis)</i></p> <p>Dr. Shahid Latif <i>(Mental Health in Global World)</i></p>	<p>Dr Hazart Ali Khan <i>(Mutations in the genes for thyroglobulin and thyroid peroxidase cause thyroid dyshormonogenesis and autosomal-recessive intellectual disability)</i></p> <p>Dr. Usman Amin Hotiana <i>(Psychoanalytic Underpinning of an impetuous Pakistani Women)</i></p> <p>Lt. Col (R) Sajjad Naqvi <i>(Kids at Risk: Studying Relationship of ACE's with Drug addiction)</i></p>	<p>Ms Amna Tariq <i>(Working from home, work-life balance, and work stress have a significant effect, both directly and indirectly, on job satisfactions)</i></p> <p>Noor e Saher, Ms Raumish Masud Khan <i>(A Study of the Relationship Between Narcissism and Antisocial Behavior in Both Genders)</i></p> <p>Dr Marium Mansoor <i>(Integrating mental health in covid-19 crisis; staff mental health referral pathway)</i></p> <p>Madiha Yasir <i>(Social Cognition and Emotional Regulation as predictors of Social Adjustment in Young Adults)</i></p> <p>Bisma Ejaz, Ayesha Maqbool, Nudra Malik, Amna Khawar, Naima Hassan, Amina Muazza <i>(Grief among cancer patients: predictor of burden of care and mental health among their caregivers)</i></p>	<p>Shahnaz Kausar, Dr Afsheen Gul <i>(Insomnia, perceived stress and psychological wellbeing among covid-19 survivors)</i></p> <p>Amna Mazhar <i>(Attitude towards violence, moral character and emotional dysregulation among young adults)</i></p> <p>Ghulam Ishaq <i>(Self-Compassion, Rejection Sensitivity and Mental Health among University Students)</i></p> <p>Madah Fatima <i>(Prevalence and Predictors of Moral Injury in Healthcare providers during the Covid19 Pandemic: A Cross sectional Study)</i></p> <p>Zobiza Tahir <i>(Self-efficacy, uncertainty and academic procrastination of students durino covid-19 Author)</i></p> <p>Aisha Noorullah <i>(Developing A Care Pathway for Suicidal Patients 24/7 Emergency and Acute Care)</i></p>

Time	Grand Ball Room B (Main Hall)	Grand Ball Room A	Imperial Ball Room A	Imperial Ball Room B
12:30-1:30PM	Keynote lecture-9	Free Papers Session-13	<p align="center">Art & Mental Health Competition in collaboration with WPA working group on medical students</p> <p align="center">Coordinator: Madah & Sania</p> <p align="center">The Canvas of Mental Health <i>for</i> <i>Medical Students</i> <i>Psychology students & trainees, PG Trainees, Allied health like speech therapy students</i></p> <p align="center">Prize: (Rs 25000, Rs15000, Rs10000)</p>	State of the Art Symposium 20 Leadership in Psychiatry
	Moderator: Ms Farah Tiwana	Chair: Prof Ghulam Rasool & Dr Sumira Qamber		Chair: Prof Rizwan Taj, Professor Naim Siddqui, Prof. Dr Rubina Aslam
		Co-Chair: Dr Maryam Harron		Co-Chair: Dr Ayesha Rasheed & Dr. Rubina Khawar
		Moderator: Dr Aneel Shafi		Moderator: Dr Irum Aamer
	<p align="center">Prof Dr M Ayub <i>(A multisite case-control study of Schizophrenia)</i></p> <p align="center">Dr Samia Latif <i>(Public Mental Health, Resilience and Recovery)</i></p>	<p align="center">Sumbul Liaqat <i>(Adverse Childhood Experiences among Mothers of Children Presenting in a Tertiary Care Hospital Setting: Impact on Maternal Mental Health and Child's Psycho-social Development)</i></p> <p align="center">Dr Fatima Bukhari <i>(Psychological and social impact of lockdown due to covid-19)</i></p> <p align="center">Dr. Noman Amjad <i>(Burden of Depression Among Survivors of Ischemic Stroke of Southern Punjab)</i></p> <p align="center">Dr Muneeba Amin , Dr. Samra Nasir <i>(Stress levels in patient in isolation at home versus the hospital)</i></p> <p align="center">Maryum Firdous <i>(Covid-19 Stress: Role of Gender, Loved-One's Death, and Meaning in Life)</i></p> <p align="center">Dr. Ifrah Hambal , Dr. Samrah Nasir <i>(Psychiatric manifestations of dengue- a case report)</i></p>		<p align="center">Prof Rizwan Taj</p> <p align="center">Dr. Raheel Karim <i>(Leadership and resilience)</i></p> <p align="center">Dr Umi Lela <i>(Capability Approach in Psychology & Psychiatry)</i></p>

1:30pm-2:30pm
Grand Ball Hall-B
Plenary Lecture

Chair: Prof Khalid Mufti

Co-Chair: Prof. Dr. Imran Ijaz Haider

Prof Peter Morozov

(Some trends in overcoming the disability of patients with schizophrenia)

Dr Jonathan Campion

Public Mental Health

Concluding Ceremony and Lunch
2:30-3:00pm

We are grateful to the following pharmaceutical companies for their unrestricted educational grant and support for the Congress.

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